



> HOW CAN YOU HELP

- ✓ **Donate**
- ✓ **Volunteer**
- ✓ **Host a fundraising event**
- ✓ **Make a corporate donation**
- ✓ **Workplace giving**
- ✓ **In memory gifts**
- ✓ **Bequest your will**

> VISION

- ✓ To support, educate and advocate for Australians living with heart disease

> WHAT WE DO

- ✓ Provide one on one support
- ✓ Facilitate national support groups
- ✓ Help with the transition from children into adult hospitals
- ✓ Run patient meetings alongside cardiologists and educating patients on specific conditions and treatment options
- ✓ Run national support meetings educating patients on topics such as anxiety and depression, drugs and alcohol, pregnancy etc
- ✓ Run national awareness and screening campaigns involving hospital staff and the general public
- ✓ Provide medically approved material on our website relating to the management of various conditions of heart disease
- ✓ Research on behalf of our members
- ✓ Provide virtual communities for cardiac patients and their carers to share experiences
- ✓ Advocacy in Parliament to ensure patient access to therapies

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hearts heart

**SUPPORTING, EDUCATING
 AND ADVOCATING
 FOR AUSTRALIANS WITH
 HEART DISEASE**

“ Finding out that you have heart disease can be a sobering experience, but it needn't necessarily be a life sentence. - Anon ”

“ hearts4heart has helped me see I'm not alone in this - especially as a young person in rural Australia. - Anon ”



> DID YOU KNOW?

- ✓ 1 in 2 men and 1 in 3 women will develop Coronary Heart Disease
- ✓ Heart rhythm problems can be a serious health condition, affecting an estimated 460,000 Australians
- ✓ Many people living with a heart condition do not know that they have it
- ✓ Left undetected some heart conditions can cause a heart attack, cardiac arrest, heart failure, stroke, and can increase your risk of dying early

> IMPORTANT FACTS

- ✓ Heart disease does not discriminate - it can strike the young and the old
- ✓ People with heart disease may suffer in silence and often live in isolation
- ✓ People living with heart disease need help to deal with anxiety and depression
- ✓ People living with heart disease need help to find out what they can do to improve their health

> YOUR SUPPORT WILL MAKE A DIFFERENCE TO AUSTRALIANS LIVING WITH HEART DISEASE

Please accept my donation of:

- \$20 \$50 \$100 \$500
 \$1000 \$2000 OTHER \$

OR please deduct a monthly donation of \$

First Name

Surname

Job Title

Company

Address

Suburb State Postcode

Payment details:

Cheque/money order to be made payable to
hearts4heart
3/555 Punt Road, South Yarra VIC 3141.

I would like to receive information on:

- leaving a bequest sponsorship.
 opportunities corporate partnership Organising a fundraising event.

Privacy Policy:

Personal information is collected to process donations, send charity updates and acknowledge our donors. If you would like to limit the use of your information please tick the appropriate box. Please delete me from your mailing list.

Donations of \$2 or more are tax deductible.

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